

TURNING TRAUMA INTO TRIUMPH

Ten Stories of Hope and Growth, Including My Own

What if someone told you that the most difficult period in your life may be a blessing in disguise? As a psychotherapist with 29 years of experience, Richard C. Scheinberg has candidly and succinctly summarized the spiritual and deeply personal transformation of ten people attempting to overcome the worst challenges of their lives. In this inspirational book, Mr. Scheinberg also reveals how he survived the most difficult periods in his own life. Furthermore, he conveys his personal conviction that our common strengths emanate from a source more powerful than any challenges that may come our way.

Testimonials

"It's very rare that a book comes along that is so thought-provoking about life. It made me reflect about my own life and start to truly understand 'How did I get here?' I started reading and I couldn't put it down! I loved it in its entirety and I can't wait to read it again!"

–Michael D'Amico, Medical Programming Engineer, Selden, New York

"I was so impressed. Richard Scheinberg writes in an accessible, heartfelt manner that is intelligent and enlightening. This book will transform the life of every person who reads it! I was uplifted and inspired. What a compassionate man he is! His clients are truly blessed."

–Diane Nichols, MA, CEAT, Educator, Expressive Arts Therapist, Seattle, Washington

"An amazing book! This collective work shines a light on the trials and tribulations of the human condition. Through clarity, love and compassion, Richard Scheinberg empowers his patients to move forward in a positive dance of life."

–Dr. Vivienne Finnegan, MD, Melbourne, Australia

"A deeply personal and inspirational reaffirmation of a gifted therapist's journey through life after overcoming his own personal challenges, to assist others in 'Turning Trauma into Triumph' "

–Deborah Poerio, APRN, MS, FNP, C, Manchester, Connecticut