

Seeking Soul Mates, Spirit Guides and Past Lives

Consider for a moment that life is not a random event or an accident of circumstance and that the essence of who we are continues, even beyond death. In *Seeking Soul Mates, Spirit Guides and Past Lives*, we can discover new meaning to our lives and garner valuable insights into our experiences. With an artful blend of scientific research and heartrending narratives, this book demonstrates how we can recognize and embrace the spiritual relationships that determine our life's path!

In a journey illustrated by his professional and personal experiences, Scheinberg offers us a fresh and intimate glimpse of the fascinating unseen world of eternal love and the enduring soul. In so doing, he encourages and inspires us to embark on a soul searching expedition of our own.

Prologue

What is going on in the world? We live crowded, busy lives that often leave us feeling empty and alone. Material wealth and creature comforts fail to truly satisfy our needs or make us happy. We eat, drink, and indulge our five senses to excess and yet life's "fullness" eludes us. This is as true within our individual families as it is in the global community. Have we just lost sight of what is really important?

I have come to believe that the real solutions to our problems must also include that which we cannot verify using only our five senses. There is a whole world that is invisible to us but essential to our survival, just like the air we breathe.

Our Life Force is composed of core energy. This energy, like all energy, can never be destroyed. The vessel of this energy is the soul, in concert with the Divine Force of the Universe. The soul does not die when the physical body ceases to function; the soul's identity and energy continues to exist in a new form. And in this new form, the soul can and often does continue to interact with those of us who remain here in the physical world.

This book is intended for those who have heard the words "soul mates," "spirit guides," and "past lives" and wondered if they are just new age buzzwords or if life beyond the flesh really exists. I invite you to explore and consider the possibilities that these concepts suggest. Read about the hidden relationships that may be affecting your life and may explain your personality, life path, and even your life's purpose. Let my words arouse your curiosity and provoke you to do some deep soul-searching. Let my personal experience as well as my research challenge your traditional perceptions. See if any part resonates with your heart in a way that gives you further comfort and peace. If it has, then I have achieved my life's purpose.

Reviews

"The book packs a lot of information, including utilizing the sleep state to access higher states of consciousness and how to best serve one's highest power."

— Kirkus Discoveries review

Awards



"Award-Winning Finalist in the New Age: Non-Fiction category of the National Best Books 2009 Awards, sponsored by USA Book News"



"Award-Winning Finalist in the Spirituality: Inspirational category of the National Best Books 2009 Awards, sponsored by USA Book News"



"Award-Winning Finalist in the Mind, Body and Spirit category of ForeWord Reviews 2009 Book of the Year Award"



"Award-Winning Finalist in the New Age category of the 2010 Next Generation Indie Book Awards"

Testimonials

"A must read for anyone remotely spiritual, who has ever pondered the question of 'What happens to us when we die?' He is a true master in his field..."

—Andrew Panayi, Philosopher

"Remarkable stories of how we can all seek and find our eternally loving, spiritual connections."

—Prof. Dr. Paul Ling Tai, International Speaker, Author

"I found his calming voice guiding me on a new journey of exploration and discovery. I am moved with spiritual reassurances of hope, rationale and inner peace."

–Donna Briody, MS, Adj. Professor of English

"I am captivated by Richard's seductive writing style that makes this book so easy to read."

–Bill Solz - LCSW, CASAC, EMDR cert.

"Richard's offering of this work is both an educational and spiritual gift to those with any level of interest in the ultimate meaning of life. The content will satisfy many personal yearnings and enhance one's energy in seeking life's direction while also improving personal relationships. I recommend this concise book to lay people and professionals alike.."

–Meena Ramani, MD, Child, Adolescent and Adult Psychiatrist

"An honest, personal and intimate look into discovering your many selves and connection with others."

–Cynthia R. Litman, Esq., PLLC